





supporting the					
independence and					
dignity of older					
adults.					

Owen <u>Senior Activity</u> <u>Center</u>

118 North Main St. Owenton, KY 40359

Phone:

(502) 484-3139

Hours of Operation

Monday – Friday 8:30 a.m.–3:00p.m.

Center Manager

Stacey Sipple Long

If you are needing to go to the doctor and need a ride please call the Owen Transit 502-750-2828

	Monday	Tuesday	Wednesday	Thursday	Friday
e d	100 p	Birthdays Donna Tatum 10-04 Myra Duvall 10-06 Beulah Cornman 10-22			1 9:00 Walk around the block 1:00 Stretching- sitting or standing
t. 59	4 9:00 Walk around the block 1:00 Stretching- sitting or standing	5 9:00 Mexican Train 1:00 Dulcimers	6 10:00 Pitch 1:00 Games	7 9:00 Rummy 1:00 Games	8 9:00 Walk around the block 1:00 Stretching- sitting or standing
o <u>n</u>	11 Columbus Day Center is Closed	9:00 Commodities 1:00 Owen County Library – Decorating and learning the history of tea box	13 9:00 Cards 1:00 Rook	9:00 Rummikub Rummikub 1:00 Skip-Bo	9:00 Walk around the block 1:00 Stretching- sitting or standing
ng or e	18 9:00 Walk around the block 1:00 Stretching- sitting or standing	19 9:00-3:00 Belton Hearing Call 800-686-7410 to make an appointment	20 9:00 Skip Bo 1:00 Rook	21 10:00 Cards 1:00 Rook	9:00 Walk around the block 1:00 Stretching- sitting or standing
)2-	9:00 Walk around the block 1:00 Stretching- sitting or standing	26 9:00 Bad Mitten 1:00 Pitch	27 9:00 Mexican Train 1:00 Rummy	28 10:00 Cards 1:00 Rummy	9:00 Walk around the block 1:00 Stretching- sitting or standing